



Sedalla School District #200

Subject Area: Physical Education			Grade: Second Grade	
<i>Unit</i>	<i>Pacing/ Calendar</i>	<i>Standards</i>	<i>Big Ideas/ "I Can" Statements</i>	<i>Essential Questions</i>

Topic: Introductory Skills	Priority Standard			
	Locomotor S1.E2.2- Demonstrates competency in a variety of motor skills and movement patterns.			
	Unit 1 3-4 weeks	<u>National:</u> S1.E1.2 S1.E2.2a S1.E2.2b S1.E3.2 S1.E4.2 S1.E5.2 <u>Show me:</u> H/PE 2 H/PE 4 2.2, 2.3 4.6, 4.4, 4.5	<ul style="list-style-type: none"> I can identify opportunities outside of school to participate regularly in physical activities. I can describe the benefits of appropriate warm-up and cool-down activities. 	What are opportunities outside of school to participate in regular physical activities? Why do we use warm-up and cool-down activities? Why is it important to show independence and good use of time when participating in a physical activity? Why is it important to show sportsmanship and sensitivity to diversity and gender issues during physical activities? How can you demonstrate motor skills and knowledge of rules while playing games?



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Topic: Intermediate	Priority Standard Non-locomotor S1.E2.2- Demonstrates competency in a variety of motor skills and movement patterns.			
	Unit 2 9-12 weeks	National: S1.E7.2a S1.E7.2b S1.E8.2 S1.E9.2 S1.E10.2 S1.E11.2 Show Me: H/PE 2 H/PE 4 2.2,2.3 4.4, 4.6	<ul style="list-style-type: none"> • Tell why it is important to be physically active every day. • Demonstrate locomotor skills in combinations • Demonstrate locomotor skills using patterns, levels, tempo, directions, and pathways. • Demonstrate non-locomotor skills in a variety of activities using different levels and speeds individually and with a partner. • Demonstrate proper techniques for a variety of fundamental skills. 	Why is it important to be physically active daily? Can you demonstrate proper technique for throwing (kicking, rolling, catching)? Can you demonstrate both locomotor and non-locomotor skills using different tempos/speeds, directions/pathways, and/or levels?



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Topic: Advanced Skills	Priority Standard Manipulative-S1.E13.1-Demonstrates competency in a variety of motor skills and movement patterns through using an object.			
	Unit 3 15-18 Weeks	<p>National: S1.E13.2 S1.E14.2 S1.E16.2 S1.E17.2a S1.E17.2b S1.E18.2 S1.E21.2 S1.E22.2 S1.E24.2 S1.E25.2 S1.E27.2a S1.E27.2b</p> <p>Show Me: H/PE 2 H/PE 4</p> <p>2.2,2.3 4,4,4.6</p>	<ul style="list-style-type: none"> • Perform efficient movement in activities to prevent injuries • Recognize the symptoms of breathing emergency (e.g., asthma, choking) and seek appropriate assistance • Demonstrate individually and with a partner manipulative skills in a stationary position and while moving (e.g., throwing, catching, kicking, striking, volleying, and dribbling) • Identify and apply concepts relating to force (e.g., hard, soft, heavy, light) • Demonstrate a variety of sport specific lead-up games • Demonstrate basic apparatus activities on a balance beam, climbing rope, cargo net, parallel bars, vault, and climbing wall • Create personal rhythmic pattern with a manipulative (e.g., jump rope) 	<p>What can you do to prevent injuries and breathing emergencies? How can you demonstrate individual and partner manipulative skills in a station position? While moving?</p> <p>How can you apply different amounts of force to an object for different results?</p> <p>How can you demonstrate balance and strength activities using apparatus?</p>